



EQUANIMITY
EXECUTIVE
EMPOWER PEOPLE. ENHANCE EXPERIENCE. ENRICH LIFE.

2026 COHORT

WOMEN LEADERSHIP
CIRCLE:
BREAKTHROUGH
INTENSIVE



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Introduction



Why This Circle Exists?

Many successful women leaders report feeling that despite achieving their goals something is missing in their lives but cannot quite identify what it is. The pressure to excel in every role: best mom, best friend, best leader, best spouse leads to what I call the **Women in Disguise** syndrome. In striving to meet every expectation, women often bury their true selves, their deepest aspirations and dreams, leaving them feeling disconnected, exhausted, and unfulfilled.

Over the years, I have researched and developed a solution. My **ACE IT Womanly** program, including the **Women Success Factor** assessment, helps women identify where they stand, overcome this syndrome, and reposition themselves at the center of their own lives.

Introduction



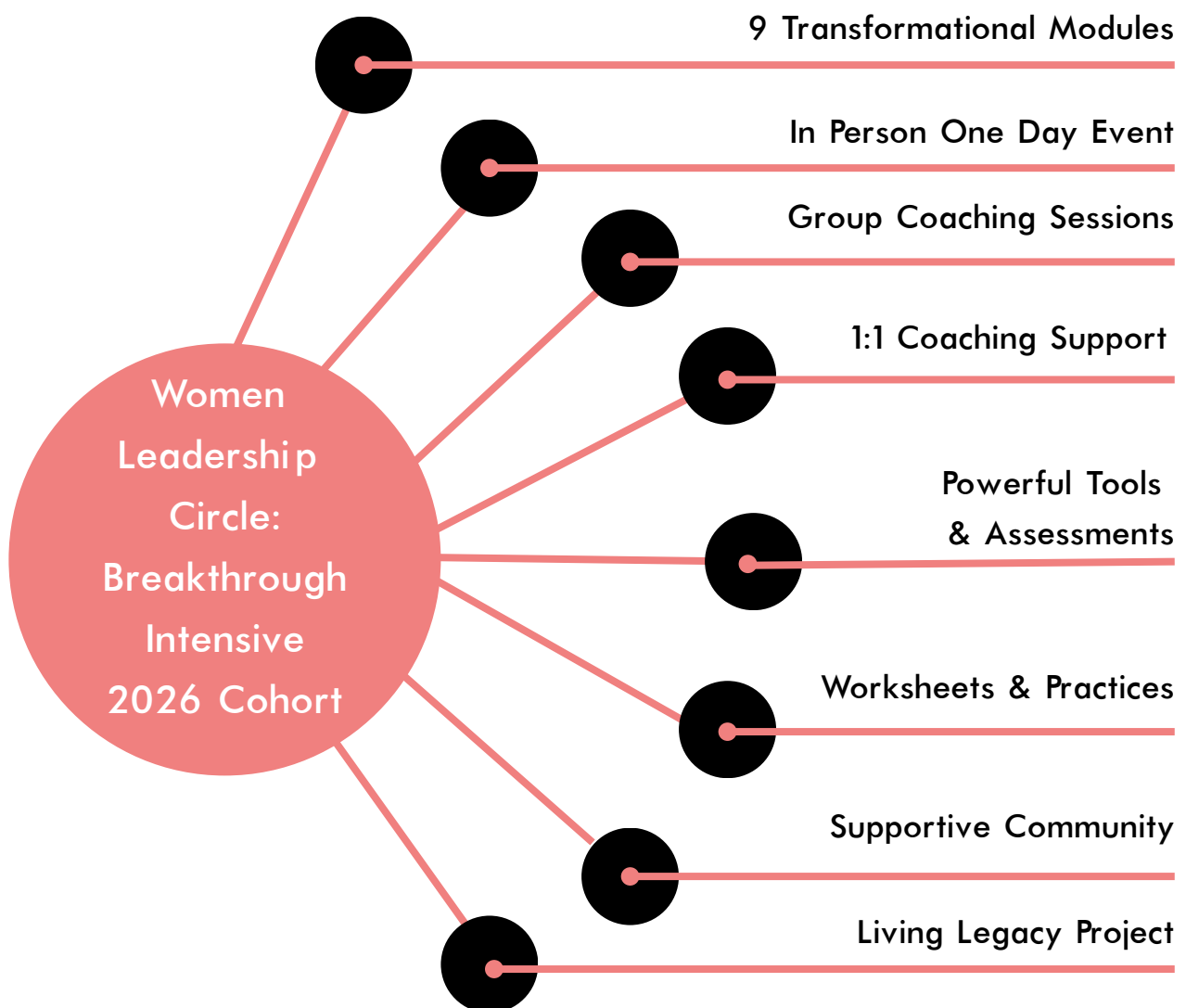
This approach allows participants to experience success authentically aligned with their values, strengths, and feminine leadership. We offer Circles designed for **Executives, C-suite Leaders**, and those in **HR functions**.

Starting **October 2026**, I will launch a Womens Leadership Circle, designed for **6-10 participants**. Through group and individual coaching, connections in a safe and trusted zone, and assessment tools, participants will gain the clarity, support, and strategies needed to break free from limiting patterns and embrace success on their terms.

Circle Highlights



Every key elements of the Women Leadership Circle was designed to provide not just leadership growth, but a safe and empowering environment where transformation can truly happen. Through this you will gain:



Is This For You?



IDEAL PARTICIPANT

This Circle is designed for:

- **Senior Executives** and **C-suite Leaders**
- Visionary leaders shaping culture, direction, and performance
- Women seeking to develop and sharpen their leadership skills (communication, influence, strategic posture, executive presence...)
- Successful yet seeking deeper fulfillment - accomplished leaders ready for more meaning, impact and wholeness.
- Women at a turning point in their career - committed to stepping into powerful, values-based leadership and leaving a legacy that matters.

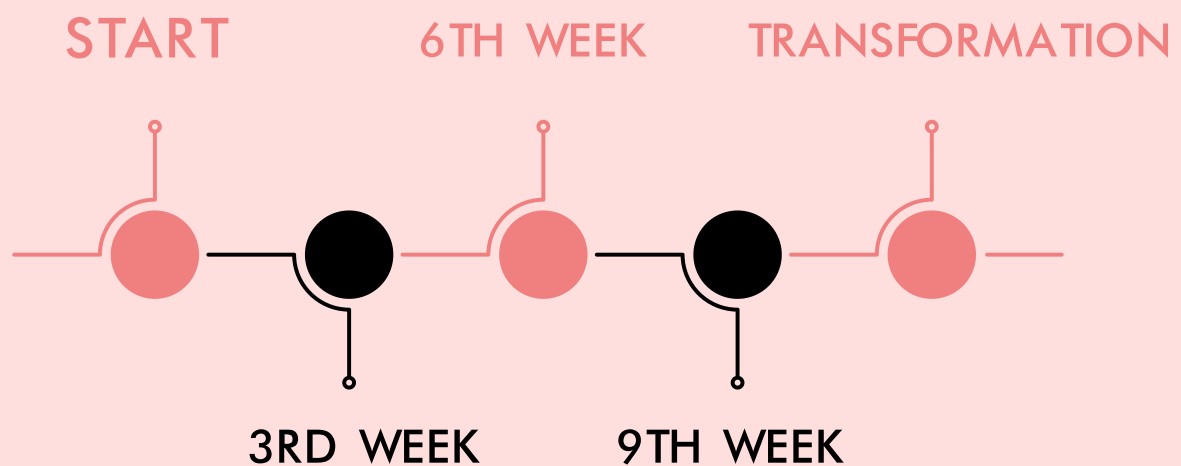
What's Included?



2026 Cohort Deliverables



Why Nine Months?



Transformation takes time. This is not a quick fix its a deep journey. In 9 weeks, you will:

- Move beyond surface change.
- Practice and integrate new habits and behaviors.
- Detach from draining patterns.
- Reclaim your energy and clarity.
- Anchor your authentic leadership

Professional Curriculum



Kick-Off
Alliance & Trust Building

Module I
Recognize the Woman
in Disguise

Module II
Demystify the Superwoman
(Outer Work)

Module III
Re-Discover Your Essence
(Inner Work)

Module IV
Reshuffle Your Priorities
to Reinvent Yourself

Module V
Lead Your Way: Emerge as
an Authentic Leader

Module VI
Keep Yourself on Track by
Fostering the Feminine in You

Module VII
Live & Leave a Legacy

Closing Celebration
& Integration

Tools & Practices



Key Tools & Methods

- ACE IT Womanly framework
- Women Success Factor Online Assessment
- Wheel of Life
- Energy Leadership Index (ELI)
- MindMapping, SMART Goals, Choice Management, GAILs

Designed for women who seek not just leadership development, but authentic support, meaningful connection, and confidential growth.

Program Calendar



Plan ahead and make the most of each transformative session in the Women Leadership Circle: Breakthrough Intensive for 2026 Cohort.

1

Date: Oct 08, 2026
Time: 12.00pm EST

5

Date: Nov 12, 2026
Time: 12.00pm EST

2

Date: Oct 15, 2026
Time: 12.00pm EST

6

Date: Nov 19, 2026
Time: 12.00pm EST

3

Date: Oct 22, 2026
Time: 12.00pm EST

7

Date: Nov 24, 2026
Time: 12.00pm EST

4

Date: Oct 29, 2026
Time: 12.00pm EST

8

Date: Dec 03, 2026
Time: 12.00pm EST

9

Date: Dec 10, 2026
Time: 12.00pm EST

Application Process



Steps to apply:

1

Submit Your Application

Program registration via online form.

2

Book Your Call

Schedule a short discovery call with Belinda MJ Brown.

3

Selection Process

Applications are reviewed for fit, readiness and cohort balance.

4

Result

Accepted: You will get a welcome email with next steps.

Not this time: We will update you about future cohorts.

Executive Enrollment Benefits



An exclusive opportunity for women leaders ready to deepen their leadership presence, executive capacity, and personal alignment in a high-trust circle.

Investment:

✓ \$4,444 Early Bird Enrollment Investment:

Available through August 1, 2026

✓ \$5,555 Premium Investment:

Beginning after August 1, 2026

Priority Enrollment Privileges

To honor those who commit early to the experience:

✓ First 2 participants will receive a Private Coaching session with Belinda MJ Brown

✓ First 4 participants will receive an Energy Leadership Index (ELI) Assessment with a personalized debrief session

Program Format

This immersive experience is offered in a focused 9-weeks format, intentionally designed to support meaningful reflection, leadership growth, and transformational integration within a supportive community of Executive Women leaders.

Testimonials



Adriana Slawinska

Programming Director

"I had a privilege to work with Belinda in the CANAL+ Boost her program. Belinda is a talented super-coach who cares about woman in business world. After 6 months of coaching I can truly say that not only I feel boosted but I am changing and shaping my carrier. I recommend Belinda with no hesitation:)"



Tina Dreistadt

Legal Counsel

"I had the chance to get to know Belinda in the course of a corporate training for several month. Both, the work with her in a group as well as the face-to-face coaching were inspiring, encouraging and at the same time challenging. Belinda's extensive experience, her undeniable expertise and her ability to create a trustful environment made you open up and have been the key factors for personal and professional growth and development."



Karen Lundquist

CMO

"Belinda is like no other person I have worked with in the past. Somewhere between coach and mentor, and shared an energy-based discipline that works incredibly well for business (and personal) interactions. She provided feedback and framework, empowering me to hold and shape my future in incredibly exciting ways. Instead of tucking your "style" neatly into a box, she talked about the totality of life and achievement."

Testimonials



Sara Gonzalo
Founder and Producer

“I have had the opportunity to work with Belinda as a coach. She has helped me see the less visible values, not only mine but also those of the people around me and has helped me develop in every possible way. Thank you very much Belinda.”



Tamerin Scott
Veterinarian

“I have had the absolute privilege of working with Belinda as my coach supervisor, and I can wholeheartedly say that the experience was very transformative. She brings a deep well of expertise, empathy, and insight to every session, creating a safe and constructive space where I can reflect on my coaching practice and grow both personally and professionally.”

Reference



“I recently finished a 9-month program of coaching from Belinda and couldn’t be more satisfied!

Belinda’s approach consisted of the perfect balance between providing some guidance and encouraging me to take more control over my development and ultimately my career.

I have developed greater confidence in my skills and abilities as well as tools I feel I’ll be able to use throughout the remainder of my career.

I would recommend Belinda for anyone seeking coaching because she seems very knowledgeable in assessing what her clients need and catering specifically to those needs. I also felt that she was extremely knowledgeable in business as well and served somewhat as a mentor in addition to a coach.

I’ve requested an extension for Belinda’s coaching and am extremely excited to continue on my journey with her guidance as she’s already helped me through some career-defining moments!”



Montoya Lashley

Finance Executive

FAQs



Q: WHEN WILL THE 2026 CIRCLE BEGIN?

A: October 08, 2026 is the anticipated date to start the program.

Q: WHO IS THE LEAD FACILITATOR/COACH?

A: Belinda MJ Brown, MCC

Q: HOW MUCH IS THE COST TO PARTICIPATE?

A: \$8,888 (Often sponsored by your organization)

Q: WHAT IF I MISS THE SESSION?

A: You will be paired with a “buddy” and will be able to catch up with her.

Q: WHAT IF I AM NOT SURE YET, IF THIS IS RIGHT FIT FOR ME?

A: Feel free to schedule a call here: <https://eqx.as.me/MatchingConsult> to see if this circle fits your goals.

Q: WHAT ARE THE PAYMENT TERMS?

A: Flexible payment options are available at enrollment.

Q: WHAT IF I CANNOT AFFORD IT FOR NOW?

A: Most women request their organization to sponsor the program and invest in their development. If you are self financing , just email us for inquiries.

belinda@equanimityexecutive.com or jimmelay@equanimityexecutive.com

Scholarships can be requested here: <https://forms.gle/B98NMMmSUMtLRWyP6>

Meet Your Coach



“Lead authentically, live a regret-free life, and leave your legacy.”

—BELINDA MJ BROWN, MCC

Raised in France by a courageous single mother, Belinda grew up grounded in resilience, optimism, and perseverance. These early experiences shaped her deep belief in **living authentically** and **leading with purpose**. In 2005, as a young leader, she **discovered** the transformative power of **Executive Coaching** a path that brought her to the United States, where she **committed herself** to empowering leaders to rise beyond obstacles and create lasting impact.

Today, as a **Master Certified Executive Coach** (ICF,MCC), Belinda combines her lived experience with **professional expertise** to **guide women leaders** through the **Women Leadership Circle**. She helps them **navigate** complexity with confidence, break through limiting beliefs, and cultivate clarity, energy, and influence. Her **mission** is simple yet profound: to **empower women** to **lead authentically** and **create a legacy** that truly matters.

Professional Highlights



- Facilitated 50+ Womens Leadership Cohorts for Global Corporations

Extensive experience across industries including:

- **Luxury** - supporting leaders in high-performing, client-driven environments
- **Film & Media** - guiding creative leaders in dynamic, fast-paced settings
- **Energy & Asset Management** - equipping leaders to navigate complexity and change
- **Banking & Finance** - strengthening leadership in highly regulated, competitive sectors

Contact Us



Ready to Begin Your Regret-Free Journey?

- Register for the Informational Webinar: [Join now](#)
- Apply for the October 2026 Cohort: [Apply Now](#)
- Sign-up for our Scholarship Opportunity: [Sign-up Now](#)
- Only **6 to 10 spots** available, secure your place today.

APPLY NOW



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[Belinda MJ Brown, MCC](#)